

Red	Orange/Yellow	Green	Blue/ Purple	White
Fruits	Fruits	Fruits	Fruits	Fruits
Cherries SP/SU	Bartlett Pears F/S	Apples ALL	Blackberries SU/F	Bananas ALL
Cranberries SP/SU	Golden kiwifruit ALL	Avocado ALL	Black Currants SU	Dates, dried ALL
Grapefruit (Red or Pink) F/W	Nectarines SP/SU	Bread fruit	Blueberries SU/F	Dates, Fresh F
Grapes (Red) All	Oranges SP/F/W	Grapes (Thompson, Perlette) ALL	Elderberries SU/F	Figs (brown turkey) SP/W
Guava SP/W	Papaya ALL	Honeydew F/W	Figs (Black Mission) SP/SU/F	Lychees SU/F
Pears (Red Bartlett) F/W	Peaches SP/SU	Kiwi ALL	Grabs (Riber) ALL	Nectarines (white) SP/SU
Plums (El dorado or Laroda) SU/F	Persimmons F/W	Limes ALL	Passion Fruit SU/F/W/	Peaches (babcock) SP/SU
Pomegranates SP/SU	Pineapple SP/SU	Pear-Anjou SP/F/W	Plums SU	Pears (Bosc) SP/F/W
Raspberries SP/SU	Quince SP/SU	Pear -Comice F/W	Prunes ALL	Plantains ALL
Strawberries SP/SU	Tamarind SP/SU	Pear -Packham SP/SU	Raisins ALL	
Watermelon SU	Tangelos W			
	Tangerines W			
	Uni Fruit SP/W			
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Beets SU/F	Bell Peppers (Yellow) SU/F	Artichoke SP/F	Green Onions SP/SU/F	Cabbage (red or purple) ALL
Bell Peppers (Red) SU	Carrots SP/F/W	Arugula ALL	Kale F/W	Carrots (purple) ALL
Onions (Red) SP/SU	Chanterelle Mushrooms SP/SU/F	Asparagus SP	Kohlrabi S	Eggplant SU/F
Radiccio W	Corn SU/F	Basil ALL	Leek SP/F/W	Mushrooms - morel SP
Radishes SP	Japanese Sweet Potato SP/F/W	Beet Greens SU/F	Lettuce ALL	Mushrooms - black trumpet F/W
Red Chili Peppers ALL	Potatoes - Finn SU/F	Bitter gourd	Mache ALL	Purple potatoes F
Rhubarb SP/SU	Potatoes - Yukon gold SU/F	Bok Choy ALL	Microgreens ALL	Purple belgain endive SP/W
Tomatoes SU/F	Potatoes -Fingerling SP/F/W	Broccoflower F/W	Mint ALL	Salsify (black) F/W
	Pumpkin F/W	Broccoli SP/F/W	Mizuna ALL	Salsify (black) F/W
	Rutabaga SP/F/W	Broccoli raab SP/F/W	Mustard Greens SP/W	
	Squash (Butternut, Acorn) F/W	Broccoli Ramanesco F/W	Okra SU	Jerusalem artichokes F/W
	Summer Squash (Yellow) SP/SU	Brussels Sprouts W	Olives ALL	Jicama SP/F/W
	Sweet potato F/W	Cabbage (green) ALL	Pea fresh SP	Kohlrabi S
	Tomatoes (yellow) SP/SU	Celery ALL	Pea - sugar SP/SU	Lotus Root SU/F/W
	Yams F/W	Chayote SP/F/W	Pea - Snow SP/SU	Mungbean sprouts ALL
	Yellow Onions SP/SU/F	Chinese cabbage ALL	Perilla SP/SU/F	Mushroom Beech ALL
	Zucchini, Golden SP/SU	Cilantro ALL	Rosemary ALL	Mushroom button ALL
		Collard Greens SP/F/W	Sage ALL	Mushroom Crimini ALL
		Coriander ALL	Sorrel SU/F	Mushroom enoki ALL
		Cucumber S	Spinach ALL	Mushroom Portobella ALL
		Dandelion greens SP	Swiss Chard SU/F	Mushroom Shiitake ALL
		Edamame SU/F	Thyme ALL	Onions SP/SU/F
		Endive (curly) SP/W	Tomatillo ALL	Parsley root W
		Grape Leaves SU/F/W	Turnip Greens SP/F/W	Parsnips F/W
		Green Bean SU	Watercress ALL	Potato (new SP/SU, russet SP/F/W)
		Green Chili ALL	Zucchini SP/SU	Shallots SP
				Taro root ALL
				Turnips SP/F/W